

Compressing Video with Windows Movie Maker Live for Windows 7

If this program has not yet been installed on your computer, you can download it from <http://explore.live.com/windows-live-movie-maker> by clicking **Download now**.



Windows Live Movie Maker 2011

Movie-making magic

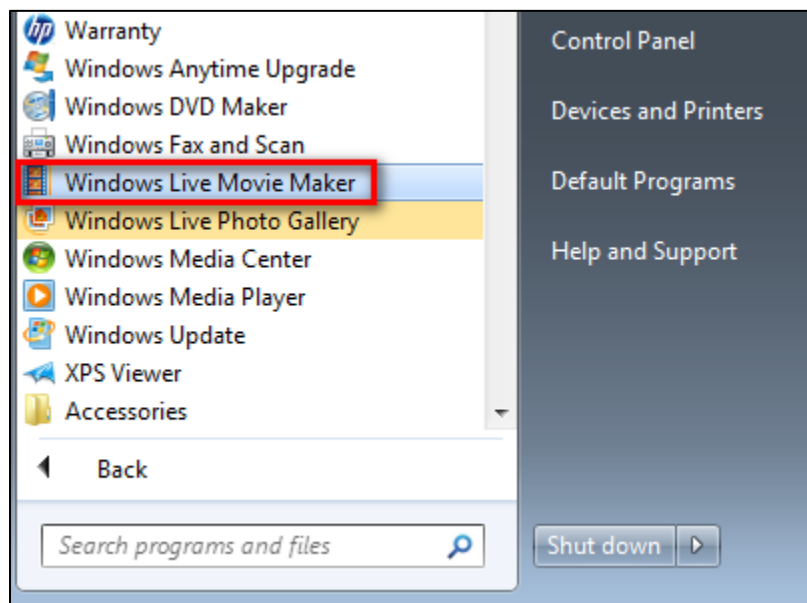
With Windows Live Movie Maker, you can quickly turn your photos and videos into polished movies. Add special effects, transitions, sound, and captions to help tell your story. And sharing with friends and family is easy—whether on the web, a computer, TV, mobile device, or a DVD.*

Download now English (change)

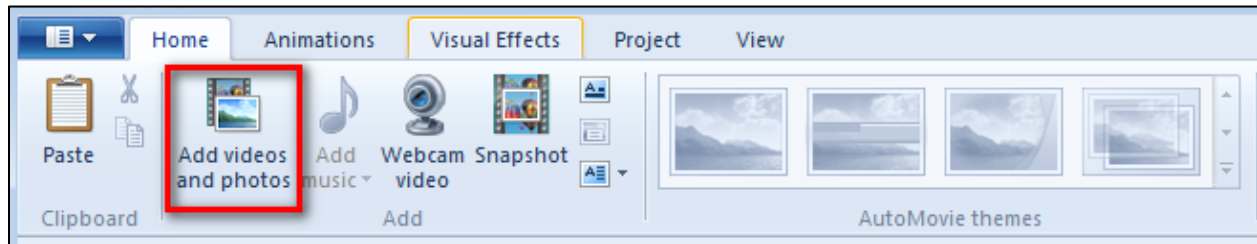
[View system requirements](#)

* DVD burning in Movie Maker is dependent on Windows DVD Maker, which is only available in Windows 7 Home Premium, Windows 7 Professional, Windows 7 Enterprise, Windows 7 Ultimate, Windows Vista Home Premium, and Windows Vista Ultimate editions.

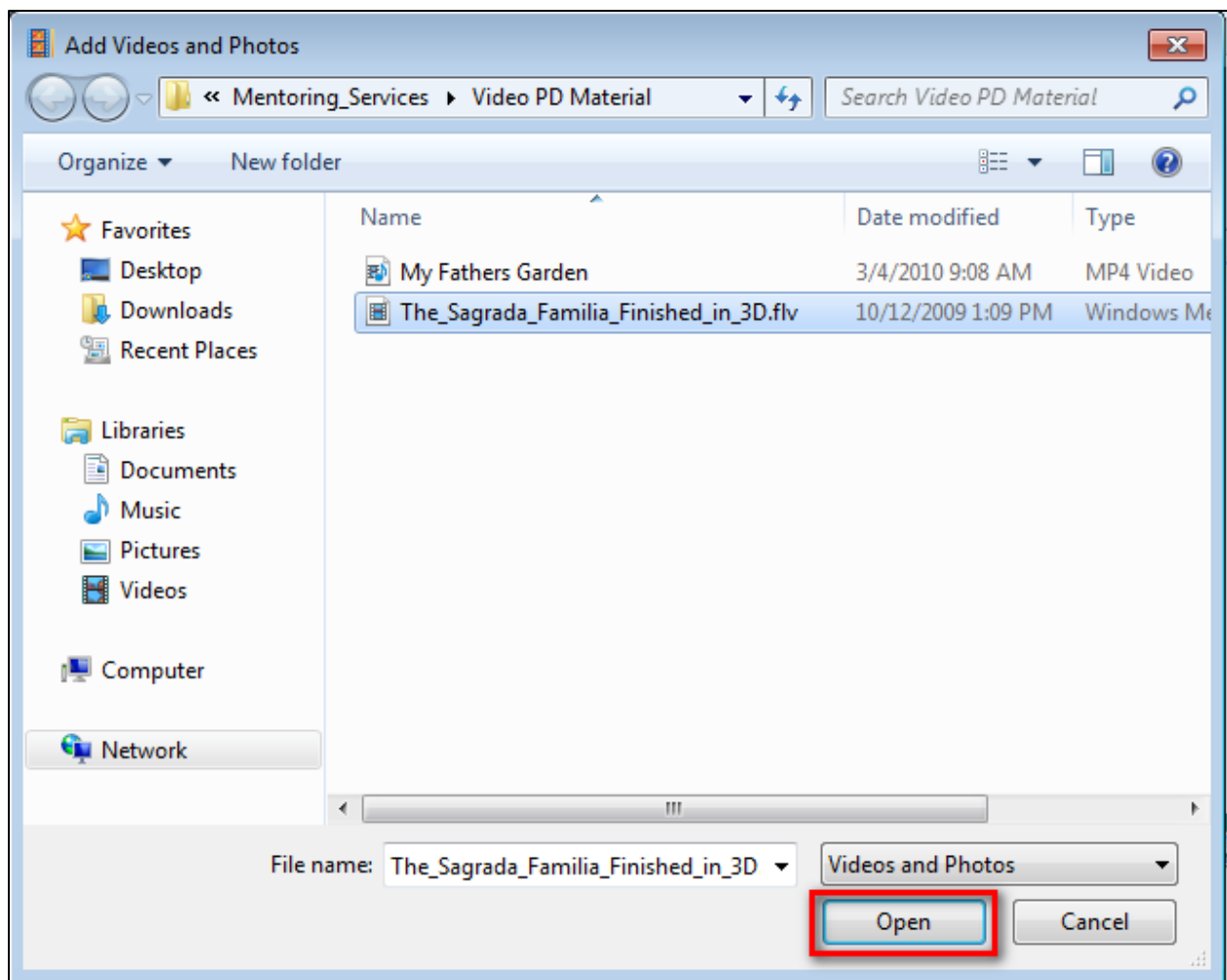
Once the program is installed, go to your programs menu to open it.



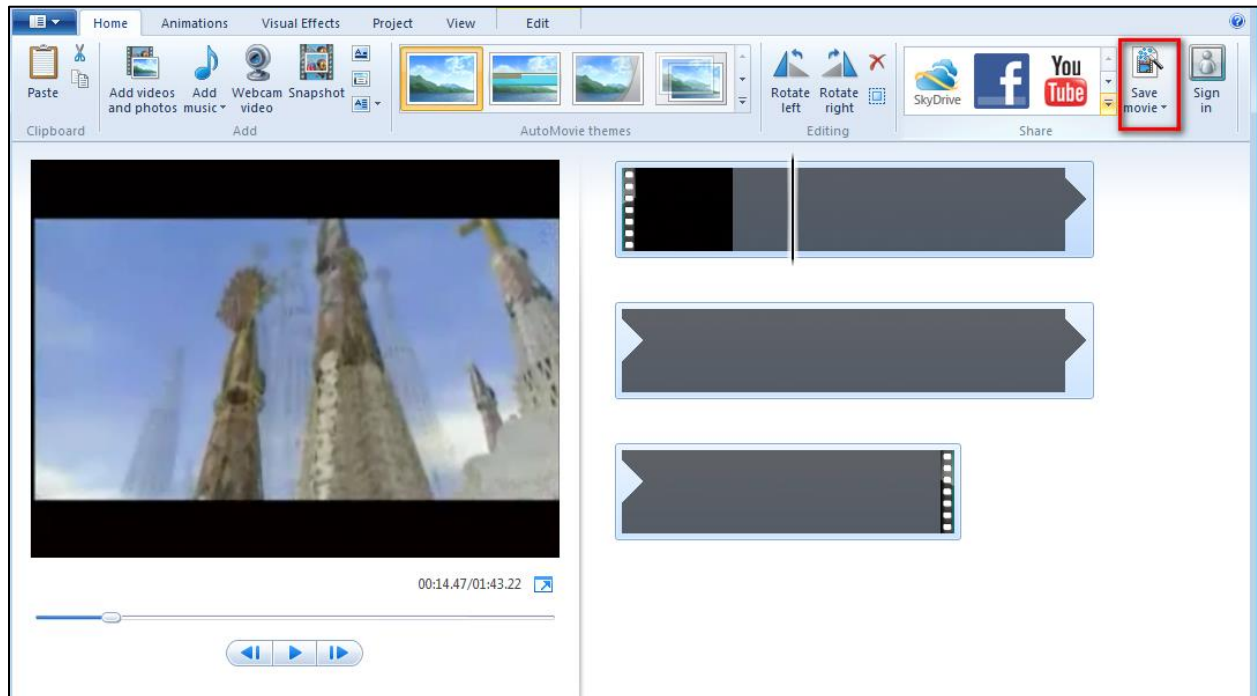
To begin, add your video file by clicking the **Add Videos and Photos** button located in the top menu bar.



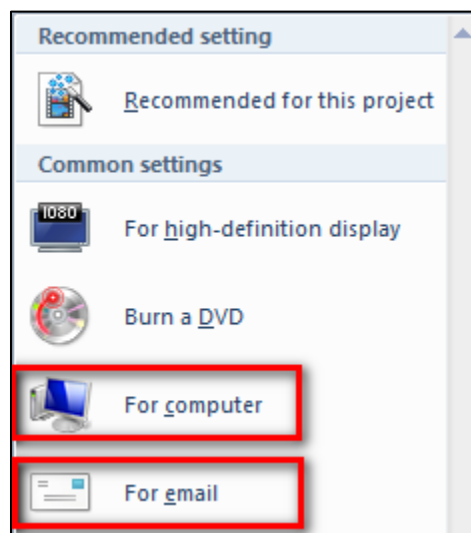
Select your video file and click the **Open** button.



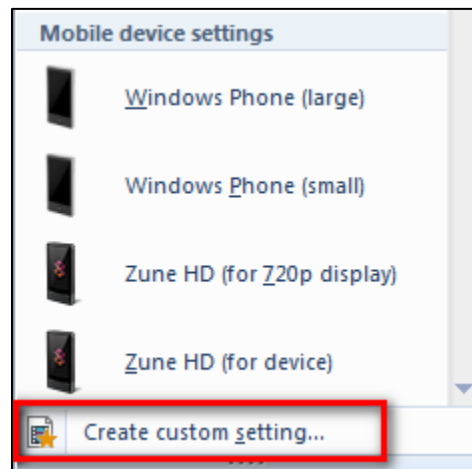
Once your video file has loaded, click on the **Save Movie** button located in the top menu bar.



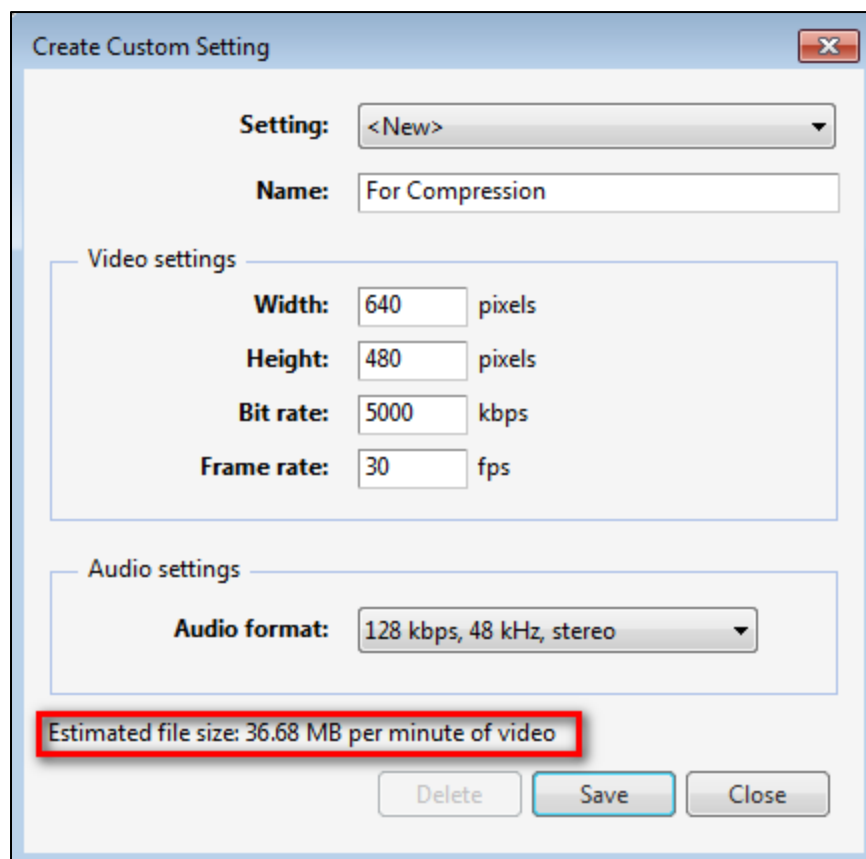
In the Save Movie menu, select a setting. The **For Computer** or **For Email** settings will likely be the best options for compression in order to upload to the web.



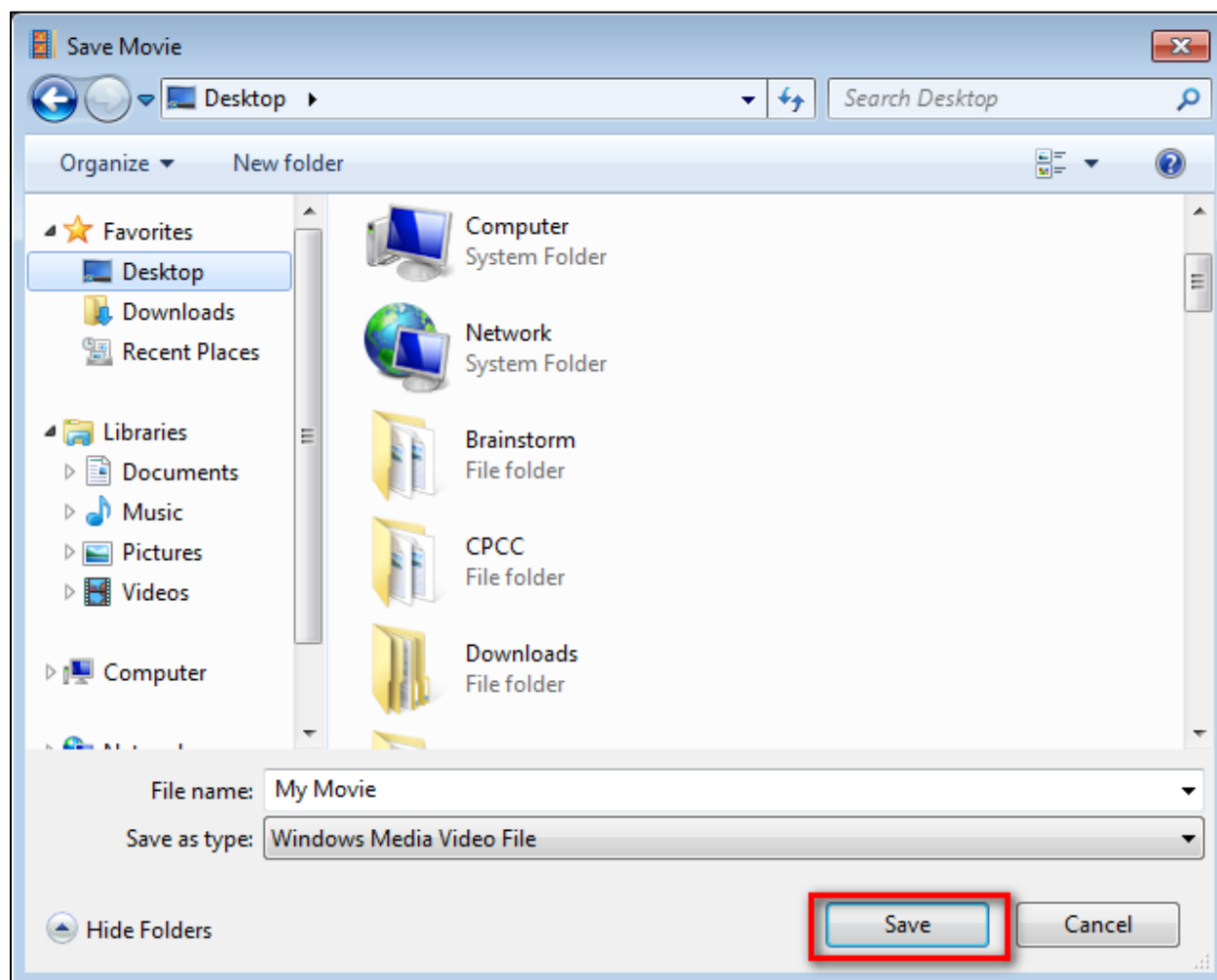
You can also choose to make your own custom setting if neither of the above settings compress the video to below 100MB.



Using this option, you can customize the video width, height, bitrate and framerate. Continue to adjust the settings until the estimated file size per minute is reduced enough to reduce the total size to under 100MB.



Once you have chosen the setting of your choice, choose the location where the video should be saved and click the **Save** button.



When the video file has finished saving, it should then be ready for upload to TaskStream.