



## **BC2M middle school and high school mental health peer-led prevention Program has openings in Indiana!**

*BC2M clubs create positive shifts in campus culture, encourage more help-seeking behavior, and support a willingness to engage in mental health conversations among students.*

[Bring Change to Mind \(BC2M\)](#) is a national non-profit organization, founded by actor and advocate **Glenn Close**, that works to end the stigma and discrimination surrounding mental illness through widely distributed public education materials and programs based on the latest scientific insights and measured for effectiveness. Our middle and high school programs are growing quickly around the country, including here in Indiana thanks to our deep programmatic presence in the state and a network of loyal partners invested in our work including the Indiana Department of Education, CareSource, and the Indianapolis Colts. It's an exciting time to launch a BC2M student-led club at your school!

[BC2M peer-led mental health clubs](#) empower students to advocate with friends, teachers, and others for mental health awareness to help create more empathetic and stigma-free school environments. Our Program is evidence-based, student-led and provided **free of charge** to every school that we work with. We provide a variety of resources, including an annual \$500 club grant; online resource portal; free annual subscriptions to the Headspace meditation app; suicide prevention trainings; annual [Student Summits](#) in Indianapolis; youth leadership trainings; mental health career pathways workshops, and much more.

Starting a club requires identifying a few student leaders interested in leading the club and a club advisor. We know faculty are stretched thin and we aim to limit our ask throughout the year. Clubs are assigned a BC2M liaison to help with your launch and will support you throughout the entire club year.

✨ [Join the waitlist here](#) ✨ Spots are limited. We will respond to discuss next steps.

Questions?

- Middle School contact: [connie.p@bringchange2mind.org](mailto:connie.p@bringchange2mind.org)
- High School contact: [karin.g@bringchange2mind.org](mailto:karin.g@bringchange2mind.org)

Resources

[Middle School One Pager](#)

[High School One Pager](#)

Website: <https://www.bringchange2mind.org/>

YouTube: <https://www.youtube.com/user/BringChange2Mind>