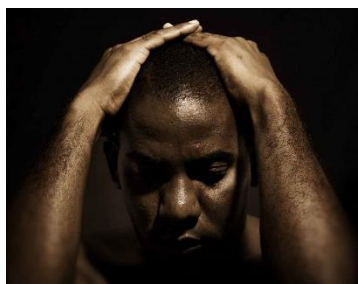
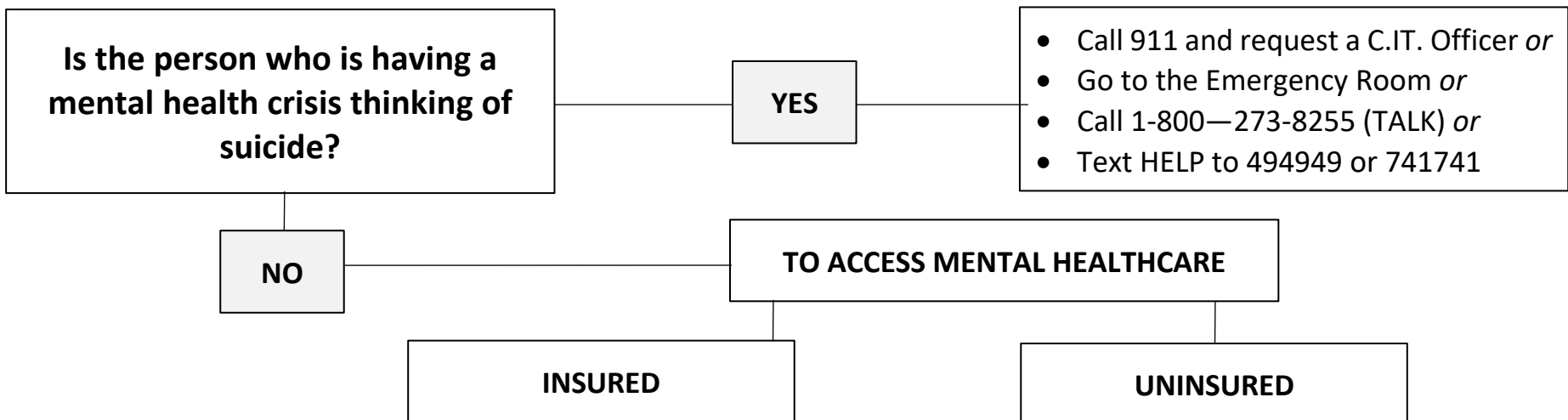


WHAT TO DO IN A MENTAL HEALTH SITUATION AROUND THE FORT WAYNE AREA



Contact your mental health provider or see resources on reverse side.

If you do not have a mental health provider, contact your primary care doctor or your insurance provider to find out what mental health provider below is in your network.

If you do not have a Primary Care Doctor, contact the following (available 24/7):

Parkview Behavioral Health 260.373.7500. 24/7

Bowen Center Fort Wayne: 260.471.3500 Monday-Thursday 8am–7pm Friday 8am-5pm

Park Center 260.481.2700

Outpatient Hours Monday thru Friday 8am – 5pm
24-hour emergency/after hours

Priority Clinic 260.471.9440 or 260.969.8440. Open 24/7

St. Joseph Behavioral Health 260.425.3606. Open 24/7



IPFW Student Assistance Program (personal counseling)
260.266.8060 or 800.721.8809

IPFW After Hours Crisis Assistance Help Line
260.373.7500

IPFW Community Counseling Center
260.481.5405 <http://www.ipfw.edu/counseling-center/>

Parkview Behavioral Health Assessment Center
260.373.7500 / 800.284.8439

<http://www.parkview.com/en/health-services/behavioral-health/Pages/default>

St. Joseph Behavioral Health
260.425.3606 / 800.694.9034

<http://www.stjoehospital.com/interior.php?t=25&title=Behavioral%20Health>

Bowen Center 260.471.3500 / 800.342.5653
www.bowencenter.org

Park Center 260.481.2700 / www.parkcenter.org

Priority Clinic 260.471.9440 or 260.969.8440

Counseling Services/Therapists

Bowen Center 800.342.5653 or 260.471.3500
www.bowencenter.org

Bridges Emotional Wellness Clinic Randall Rider, MS, LSW, LMFT
260.969.6600

Caring About People* 260.424.5814/800.932.4213
<http://www.caringaboutpeopleinc.com>

Lili G. Carroll, MS MHC – Carroll Counseling, LLC – 260.209.4949
liligcarroll@carrollcounselingllc.com

Catholic Counselors* 740.266.6461
contact@catholiccounselors.com

Charles Redwine, D. Min, LMFT, LAC 260.471.3500 ext. 3672
charles.redwine@bowencenter.org

Consulting & Counseling Associates 260.486.5251
www.ccagroup.org

Dunn Associates, P.C.* 260.484.5599 www.dunnassociatetherapy.com

M. Peggy Jones, LCSW, LMFT, LCAC 260.426.5778

Family Care Center 260.493.0055 <http://www.familycarectr.org>

Farrington Specialty Counseling, Inc. 260.358.7180
www.farringtonspecialtycounseling.com

Gisselle McKell-Jeffers, Ph.D. 765.289.5437 ext.3373
www.yocinc.org/programs

Harvest Counseling Group, Inc. 260.485.4357
www.harvestcounselinggroup.com

Headwaters Counseling 260.744.4326
<http://www.headwaterscounseling.org>

Healing Paths 260.715.1225 Steven R. Vachon, M.Div., MA

IPFW Community Counseling Center 260.481.5405
<http://new.ipfw.edu/counseling-center>

Linda Hartley Family & Children Behavioral Health 260.436.0950

Margie Burns, LCSW 260.481.2700 ext. 2308

MAPPS Midwest Addictions Psychiatric Psychological Services*
260.471.0632

National Eating Disorder Association 800.931.2237
<http://www.nationaleatingdisorders.org/helplinechat>

National Suicide Prevention Lifeline Hotline* 800.273.8255

Northeastern Center 260.347.2453 www.necmh.org

Park Center 260.481.2700 www.parkcenter.org

Phoenix Associates 2200 Lake Ave. 260.424.0411

Rashad Slate, LMFTA 260.471.0632

Rebekah K. Hunter, MSW 765.827.7890
www.fayetteeregional.org/Services/FayetteRegionalCarePavilion

Ryan Beeching, MA, Wieland and Associates 260.483.7207

Take Charge Counseling and Consulting Services 260.415.5967
www.takechargecounseling.org

*Indicates English and Spanish Speaking Services

Mental Health Community Services

211 First Call For Help (Community Resources) 211

Carriage House (Clubhouse & Other Services) 260.423.4301
www.fortwayneclubhouse.org

Center for Neurobehavioral Services (Mental Health Services)
260.471.2300 www.cnsfortwayne.com

Cook Behavioral Health Clinic (Mental Health Services) 260.483.2400

Crime Victim Care of Allen County (Victim & Refugee Assistance)
260.484.1414 www.cvcin.org

Mental Health America of Northeast Indiana (Information, Referral)
260.422.6441 www.mentalhealthfrontdoor.org

Northeastern Center (Mental Health Services for Counties North of Allen County)
260.927.0726 www.necmh.org

Park Center (Mental Health Services) 260.481.2700
www.parkcenter.org

Parkview Behavioral Health (Mental Health Services) 260.373.7500
www.Parkview.com/healthservices/behavioralhealth

Salvation Army (Information) 260.424.1655
www.salvationarmyindiana.org/fortwayne

St. Joseph Behavioral Health (Mental Health Services – Adults only)
260.425.3606 www.stjoehospital.com/Services/Behavioral%20Health

Religious/Spiritual Support Services

Come As You Are Missionary Baptist Church 260.447.6036

Genesis Outreach 260.744.2800 www.genesisoutreach.org

Interfaith Hospitality Network of Greater Ft. Wayne 260.458.9772
www.ihnfamily.org

New Horizon Baptist Church 260.478.5800/ www.newhorizonfw.org

RemedyLIVE www.remedylive.com 24/7 chat

The Rescue Mission 260.426.7357 www.therescuemission.net includes Life House, Restoration House and Charis House 260.426.8123

Youth for Christ Primetime Program 260.744.0914 www.fwayfc.org

Wieland & Associates 260.483.7207 www.wielandassociates.com

Text Lines/Online Chat

LGBTQ – Trevor Project 866.488.7386 www.thetrevorproject.org

Trans Lifeline 877.565.8860 www.hotline.translifeline.org

LOOKupIndiana- Online chat www.lookupindiana.org

National Crisis Text Line- Text “start” to 741741

National Suicide Prevention Lifeline- Text CSIS to 85511

RemedyLIVE- Text Remedy to 494949

Apps

My3 Support app: www.my3app.org

Suicide Safety Plan: www.moodtools.org

Virtual Hope Box: www.t2health.dcoe.mil/apps/virtual-hope-box

Update 9/18

Mental Health Resources

LOOKupIndiana 800.284.8439 www.lookupindiana.org

Mental Health America of Northeast Indiana
260.422.6441 www.mentalhealthfrontdoor.org

NAMI Fort Wayne (National Alliance on Mental Illness)
260.447.8990 www.namifortwayne.org
www.nami.org

STOP Suicide Northeast Indiana 260.422.6441
www.stopsuicidenow.org

Suicide Prevention Resource Center 877.438.7772

Self Help Groups

American Association for Suicide Prevention (AFSP)
<http://www.asfp.org>

Compassionate Friends 260.627.6451 www.compassionatefriends.org
<https://www.facebook.com/groups/152685144784598>

Erin's House for Grieving Children 260.423.2466
www.erinshouse.org

LGBTQ Support Group meets 2nd and 4th Sunday at Center for Nonviolence

Mental Health America of Northeast Indiana – Peer Support Group (For Suicide Loss of Spouse/Partner) 260.422.6441
www.MentalHealthFrontDoor.org

NAMI Ft. Wayne (National Alliance on Mental Illness) 260.447.8990 <http://www.namifortwayne.org>

Suicide Awareness Voices of Education (SAVE)
<http://www.save.org>

Suicide: Finding Hope
<http://www.suicidefindinghope.com>

Visiting Nurse Grief Support 260.435.3222 www.vnfw.org

We the Living (Suicide Loss) 260.450.1702 / 260.338.2767
www.wethelivingfw.org

Youth Group meets 1st and 3rd Wednesdays at Mental Health America of Northeast Indiana 260.422.6441
Alice Jordan-Miles
Director
260-481-4184 - jordana@pfw.edu
<https://www.pfw.edu/departments/cepp/depts/hs/centers/bhi/index.html>

PURDUE
UNIVERSITY
FORT WAYNE

**Behavioral Health and
Family Studies Institute**